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| ORT Training - Level 01 (Community ORT Volunteers) |
| Activity #04 – Oral Rehydration Therapy Diagnostic & Treatment |

Timing 🕝 Exercise 10’ – Correction 10’

**Objective**

* To exercise judgement (dehydration assessment) and use the flow charts and treatment protocols

**Materials**

* Description of patients
* Decision Flow chart and Treatment protocols

**Method**

The exercise can be done in plenary, orally (if needs to go quick).

Best if can be done in small groups of 3-4 people to encourage exchanges between participants. Trainers can do role-play and be asked questions by the group.

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| Patient | Diagnostic | Assessment result and suggested treatment |
| Patient n°1  Age: 7 years old child  Sex: Female | * Diarrhea: Watery - since today, 4/5 times/day * No apparent sign of dehydration * Skin pinch goes back normal * Can drink, does not vomit |  |
| Patient n°2  Age: 32 years old  Sex: Male | * Diarrhea: Watery - since today, 4 times * Normal pee * Dry mouth, thirst * Skin pinch goes back slowly * Weakness, no appetite |  |
| Patient n°3  Age: 27 years old  Sex: Female, pregnant | * Diarrhea: Watery - since two days, 5 times * Dry mouth, cannot drink * Very weak, speaks with difficulty * Skin pinch goes back slowly |  |
| Patient n°4  Age: 18 years old adult  Sex: Female | * Diarrhea: Watery - since 2 days, 4 times /day * Good general condition * Skin pinch goes back normal |  |
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