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| ORT Training - Level 01 (Community ORT Volunteers) |
| **Cheat sheet – ORT patient home visit** |

**Objective of the ORT patient home visit**

* To understand why the patient/caretaker came to see you
* To assess the dehydration level of the patient
* To propose the appropriate treatment and/or referral
* To teach the patient/caretaker how to prepare ORS at home
* To give the essential messages and encourage the patient/caretaker to come back if needed

**Material**

* Assessment and Treatment / Referral flowchart
* Patient Logbook
* How to prepare ORS Solution visual aid
* Essential messages cheat sheet

**Visit**

> Greetings

> Ask why the patient/caretaker came to visit you – Answer questions.

> ASK – LOOK - FEEL

> FILL THE LOGBOOK

> IF PATIENT NEED TO BE REFERRED: GIVE A REFERRAL TICKET + KEY MESSAGES

* Whilst waiting for transport and during transport the patient should drink ORS.
* Explain that ORS should be given regularly in small amounts
* Explain if the patient vomits, wait 10 minute and continue to give ORS but more slowly
* Explain that mothers should continue breastfeeding

> FOR MILD or some DEHYDRATION

* Give ORS for 3 days
* Explain / Show how to prepare ORS at home
* Explain to discard old ORS solution after 24h (at the end of the day) and prepare a new the next day
* Explain that ORS should be given regularly in small amounts
* Explain if the patient vomits, wait 10 minute and continue to give ORS but more slowly
* Ask patients to come back in case diarrhoea continues and no ORS is left
* Ask patients to come back or go directly to health center if not improving / not able to drink/eat / or vomiting continuous
* Explain patient to advise family members or friends that have diarrhoea to consult to the ORP
* Provide hygiene behaviour change messages