**Day 1 Review: Throw ball questions**

**Description**

Throw the paper ball around. The catcher must answer a question. Assist the person to move towards a correct answer and ask other participants to assist if necessary. Participants should not be penalized if they answer incorrectly.

Participants are penalized if they throw the ball to someone who has already received it - the idea here is that they will concentrate on who has answered so as not to make this error and thus will probably be more likely to listen to each other. A song or dance should be the penalty, but do not push it if participant is reluctant.

One instructor should lead the activity and the other should note down topics where participants seem not to have grasped an idea or concept. This list should be used to carry out reminders in day two by throwing in relevant questions.

**Key Areas**

Transmission – F diagram and relevant blocks

Cholera and dehydration and carrying out patient diagnosis

Patient treatment regimes – ORS solution mixing and administering

When and who to report suspected cholera outbreaks to… and how to investigate.

**Questions to use**

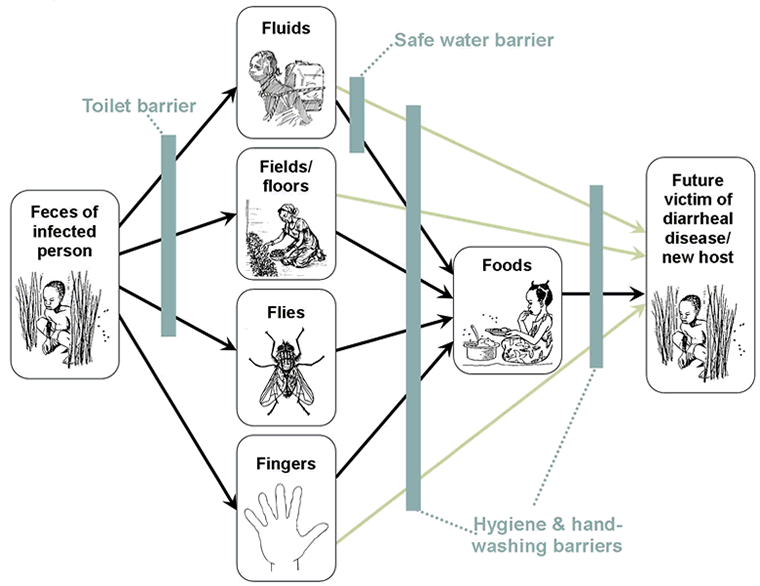
1. **F diagram and blocks**

Name one faecal to Oral route

(eg. Faeces to field to food to mouth/ faeces to fluids to mouth etc)

Tell us about one block we can use for this route

(eg. Faeces to field – latrine; field to food – wash, peel and cook food)



1. **Cholera, Dehydration and Diagnosis**

Key symptoms of cholera: AWD 3+ sometimes with nausea and vomiting; rice water

Do we die from cholera ? No. We die from severe dehydration.

Who is more at risk ? Pregnant women, children under 5 and malnourished children

Key symptoms of mild or severe dehydration: thirst, sunken eyes, skin pinch, dry mouth, lack of tears,

Chronology of a patient diagnosis: Ask Look Feel

1. **Treatment Regimes and Advisories**

What % of people with cholera can be treated with ORS ? 80%

What prevents people from getting ORS treatment: physical context, market and economic context, education and knowledge and risk perception

Proportions of sugar, salt and water for home made ORS: 6tsp sugar, 1/2tsp salt and 1 litre of water.

Why might we add mashed banana? Taste and potassium

1. **Skills, Role and Responsibilities of a Community ORT Volunteer**

Messages to raise cholera awareness, risk awareness and transmission awareness; assessment of degree of dehydration; preparation and administering ORS; in coordination with community developing referral strategy; report cases to District health authorities and to RCRC branch.

1. **Reporting and Investigating**