CHILDREN HYGIENE AND SANITATION TRAINING  
Training of trainers - IRCS

**DATE:**  2nd December 2019

**LOCATION** Iraq - Erbil

**PERIOD:** 4 Days

**LANGUAGE:** Arabic

**AUDIENCE:** 26 IRCS + National Societies Volunteers

**FACILITATORS:** Renas, Basima, Simon and Haithem

## Day 1

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| **Facilitate** | **Time** | **Subject** | **Step** |
| All | 09:30 – 09:00 | Welcome | 01 |
| Renas | 10:00 – 09:30 | Participant’s presentation and expectations. Creation of 4 groups | 02 |
| Renas | 10:15 – 10:00 | Presentation of the agenda | 03 |
|  | **10:30 – 10:15** | **Coffee Break** | **04** |
| Simon | 11:00 – 10:30 | What is CHAST | 05 |
| Basima | 12:00 – 11:00 | Sharing experience of facilitating sessions with children | 06 |
| Basima | 12:10 – 12:00 | What is hygiene promotion and behaviour change? | 07 |
| Basima + Renas | 12:40 – 12:10 | CHAST kit composition | 08 |
| Haithem + Renas | 12:30 – 12:15 | Distribution of the manuals  Suggestions for edits - online form | 09 |
|  | **01:30 – 12:30** | **Lunch** | **10** |
| Simon | 02:30 – 01:30 | How CHAST was developed for the Iraqi context | 11 |
| Basima | 03:00 – 02:30 | CHAST Structure | 12 |
| Basima + Haithem | 03:30 – 03:00 | Task for the next day group 1 : prepare a song around hygiene, group 3 restitution of day | 13 |

## Day 2

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| **Facilitate** | **Time** | **Subject** | **Step** |
| Group 1 | 09:15 – 09:00 | Group 1 sings hygiene song | 01 |
| Group 3 | 09:45 – 09:15 | Restitution of the previous day by group 3 | 02 |
| Basima | 10:15 – 09:45 | CHAST day 1: Introducing the 3 characters and pretest | 03 |
|  | **10:30 – 10:15** | **Coffee Break** | **04** |
| Renas | 11:30 – 10:30 | CHAST day 2: Identification of good and bad hygiene behaviour | 05 |
| Haithem | 12:30 – 11:30 | CHAST day 3: Matching opposite behaviors Card | 06 |
|  | **01:30 – 12:30** | **Lunch** | **07** |
| Renas | 02:30 – 01:30 | CHAST day 4: F diagram | 08 |
| Simon | 03:00 – 02:30 | Set up Hygiene committee and define indicators (day 12 and 13) | 09 |
| Haithem+Basima | 03:15 – 03:00 | Separation in groups to prepare activities of day 5, 6, 7 and 8 | 10 |
| Haithem+Basima | 03:25 – 03:15 | Instruct Group 2 to prepare restitution for the next day, group 4 to prepare a song | 10 |
| Renas | 03:30 – 03:25 | Summary of the day | 11 |

## Day 3

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| **Facilitate** | **Time** | **Subject** | **Step** |
| Group 4 | 09:15 – 09:00 | Group 4 sings hygiene song | 01 |
| Group 2 | 09:45 – 09:15 | Restitution of the previous day by group 2 | 02 |
| Renas | 10:15 – 09:45 | WASH infrastructures in schools including Menstrual Hygiene Management | 03 |
|  | **10:30 – 10:15** | **Coffee Break** | **04** |
| Group 1 | 11:30 – 10:30 | Group 1 leads the CHAST day 5: Mime and discussion. | 05 |
| Group 2 | 12:30 – 11:30 | Group 2 leads the CHAST day 6 session: daily hygiene diary and discussion around toilets | 06 |
|  | **01:30 – 12:30** | **Lunch** | 07 |
| Group 3 | 02:30 – 01:30 | Group 3 leads the CHAST day 7: Handwashing | 08 |
| Group 4 | 03:00 – 02:30 | Group 4 leads CHAST day 8: Drinking water and safe food | 09 |
| Basima+Haithem | 03:15 – 03:00 | Group 1 prepares restitution for the next day, Group 2 prepares a song | 10 |
| Renas | 03:30 – 03:15 | Summary of the day | 11 |

## Day 4

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| **Facilitate** | **Time** | **Subject** | **Step** |
| Group 2 | 09:15 – 09:00 | Group 2 sings hygiene song | 01 |
| Group 1 | 09:45 – 09:15 | Restitution of the previous day by group 1 | 02 |
| Basima + Haithem | 10:15 – 09:45 | CHAST day 9: Clean school and waste management | 03 |
|  | **10:30 – 10:15** | **Coffee Break** | **04** |
| Basima + Haithem | 11:30 – 10:30 | CHAST day 10: Planning for change | 05 |
| Renas | 12:30 – 11:30 | CHAST day 11: Music quiz and post test | 06 |
|  | **01:30 – 12:30** | **Lunch** | 07 |
| Basima + Haithem | 02:30 – 01:30 | Reporting activities for volunteers | 08 |
| 4 Groups | 03:00 – 02:30 | Hygiene committee: reporting (day 15) | 09 |
| Basima + Renas | 03:30 – 03:00 | Summary of the training, evaluation and action plan | 10 |
| Trainers+IRCS | 04:00 – 03:30 | Certificate distribution | 11 |