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| ORT Training - Level 01 (Community ORT Volunteers) |
| Activity #03 – Oral Rehydration Therapy Diagnostic & Referral |

Timing 🕝 Exercise 10’ – Correction 10’

**Objective**

* To exercise judgement (dehydration assessment) and use the flow charts to refer or to not refer

**Materials**

* Description of patients
* Decision Flow chart

**Method**

The exercise can be done in plenary, orally (if needs to go quick).

Best if can be done in small groups of 3-4 people to encourage exchanges between participants. Trainers can do role-play and be asked questions by the group.

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| Patient | Diagnostic | Assessment result and decision taken |
| cPatient n°1  Age: 8 years old child  Sex: Female | * Diarrhea: Watery - since 8 days, 4/5 times/day * Small pee * Dry mouth, thirst * Skin pinch goes back normal |  |
| Patient n°2  Age: 4 years  Sex: Male | * Diarrhea: Watery - since today, 5 times already * No external sign of dehydration (skin pinch goes back normal) * Weakness, no appetite |  |
| Patient n°3  Age: 60 years old  Sex: Female | * Diarrhea: Watery - since today, 6 times already * Dry mouth * Lethargic, cannot drink |  |
| Patient n°4  Age: 25 years old  Sex: Female, pregnant | * Diarrhea: Watery - since 2 days, 4 times /day * Good general condition |  |
| Patient n°5  Age: 6 years old child  Sex: Male | * Diarrhea: Since 12 days * No sign of dehydration * No appetite |  |