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| ORT Training - Level 01 (Community ORT Volunteers) |
| Session #02 – Oral Rehydration Therapy at community level |

Timing 🕝 60’

**Objective**

* To explain the concept of **oral rehydration therapy at community level**
* **To be able to assess the level of dehydration**
* **To learn the treatment protocol – ORS & Zinc depending on age of the child**

**Material**

* PowerPoint presentation
* Video – Managing dehydration
* Exercise **E#02: Diagnostic & Treatment** (around 20’)

**Key elements to remember**

> Community Oral Rehydration Therapy (ORT) Volunteers **help make Oral Rehydration Solutions available immediately in the communit**y, to reduce the delay in accessing treatment

> ORT volunteers make ORS accessible both **DURING & AFTER cholera outbreaks – also for the treatment of AWD diarrhea**

> There are **different types of diarrhea** – Persistent, bloody, or watery diarrhea. **Only watery diarrhea can be treated at community level with ORS**. Persistent or bloody diarrhea can also be serious and need to be referred to the health center for specific treatment.

> All **children <5** and **pregnant women**, even with moderate or even no sign of dehydration, should be referred to the health center (or CTU/CTC)

> **Severe dehydration** – weak/unconscious patient, not able to eat/drink, sunken eyes, dry mouth, and **skin pinch goes back slowly** **NEED to be referred urgently** to the health center or cholera treatment center with ORS for rehydration on the way to the facility.