

# Germ's & ladders

Play the game  
to knock out  
GERMS!



<p>43</p> <p>Many people in your village don't have toilets and so you get sick.</p>	<p>44</p>	<p>45</p> <p>You drank dirty water and were sick for two days.</p>	<p>46</p> <p>Did you know: dirty hands can spread viruses such as colds and the flu?</p>	<p>47</p> <p>You didn't turn off the tap after using it, and wasted water.</p>	<p>48</p> <p>Did you know: our waste, or faeces, contains bad germs. If you don't wash your hands after going to the toilet, and then eat, you might be eating your own poo!</p>	<p>49</p> <p>finish</p>
<p>42</p>	<p>41</p>	<p>40</p> <p>You went to the toilet in the open!</p>	<p>39</p>	<p>38</p>	<p>37</p>	<p>36</p> <p>You didn't wash your hands with soap before eating food.</p>
<p>29</p> <p>Your family washed clothes near the well and soapy water seeped into the well, making the water dirty!</p>	<p>30</p> <p>You helped your family clean out your rainwater tank. Good job!</p>	<p>31</p>	<p>32</p> <p>You washed your hands after blowing your nose.</p>	<p>33</p>	<p>34</p> <p>You washed your hands with soap. Good one!</p>	<p>35</p>
<p>28</p>	<p>27</p>	<p>26</p> <p>You did not cover your food. You ate poo!</p>	<p>25</p> <p>Your family didn't clean the roof of your house before collecting rainwater.</p>	<p>24</p> <p>Your family built a toilet.</p>	<p>23</p>	<p>22</p> <p>Your toilet is not kept clean.</p>
<p>15</p> <p>There is a lot of animal poo around your house, breeding germs.</p>	<p>16</p> <p>You put rubbish in the bin. Good job!</p>	<p>17</p>	<p>18</p>	<p>19</p> <p>Did you know: germs are tiny organisms that are invisible to the naked eye and can only be seen under a microscope.</p>	<p>20</p> <p>You are a germ buster! You have put up handwashing posters at your school!</p>	<p>21</p>
<p>14</p>	<p>13</p> <p>You did not clean your plate and spoon well before you ate.</p>	<p>12</p>	<p>11</p> <p>Did you know: water can be treated to improve its quality? Boil for at least 10 minutes—but 20 minutes is the safest.</p>	<p>10</p>	<p>9</p> <p>Did you know: one speck of poo can contain:</p> <ul style="list-style-type: none"> <li>• 10,000,000 viruses</li> <li>• 1,000,000 bacteria</li> <li>• 1,000 parasite cysts</li> <li>• 100 parasite eggs</li> </ul>	<p>8</p>
<p>1</p> <p>Start</p>	<p>2</p>	<p>3</p> <p>You brushed your teeth and washed your face and hands with soap this morning.</p>	<p>4</p>	<p>5</p> <p>You threw rubbish on the ground.</p>	<p>6</p>	<p>7</p> <p>You built a Tippy-Tap at school for washing hands.</p>

## How to play

**Players:** 2–6 players can play at one time. Each player needs a stone to place at the number 1, which is the START.

**Materials:** Dice and stones (if you don't have a dice, write the numbers 1–6 on pieces of paper and then put in a bag).

**Rules:** The winner is the person who gets to number 49 first. Each player takes it in turn to throw the dice (or choose a number from the bag). This number corresponds with the number of places they move their stone. Each player should read out loud the text in the box where they land. If they land on a LADDER, they get to 'climb the ladder' further up the game. If they land on a GERM, they have to slide down the germ to its tail.

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